

JAMIE SANDS, D.D.S.

COSMETIC, RESTORATIVE AND PREVENTIVE CARE

ORAL ANTI-AGING™

Temporary Crown/Veneer/Onlay Care:

- Do not floss around temporized teeth. You may still floss your teeth that have not been placed in temporaries
- Brush all your teeth
- Brush the temporized teeth gently
- If given an irrigation syringe, fill the syringe with water or hydrogen peroxide and gently irrigate around each temporized tooth. This replaces flossing while in the temporary stage and helps maintain soft tissue health which is critical for the permanent cementation process. Once your final restorations have been placed, please return to your “normal” oral hygiene routine
- Do not eat any sticky foods (gum, toffee, etc.)
- Do not eat anything on temporized teeth. This will dislodge or break the temporary crown(s), veneer(s) or onlay(s)
- If you have had work on your front teeth, do not eat ANYTHING on the front teeth. Any biting on the front teeth will dislodge or break the temporaries

Front Teeth:

- If you have had work done on your FRONT TEETH, we have found that certain foods and beverages stain the temporary material
- This will NOT occur with the final restorations, which are color stable
- We recommend you avoid foods with high stain potential. Examples are: coffee, green tea, blueberries, curry, tumeric and red wine

IF THE TEMPORARY CROWN/VENEER/ONLAY FALLS OFF OR BREAKS, IT IS NOT A DENTAL EMERGENCY. PLEASE CONTACT THE OFFICE DURING REGULAR BUSINESS HOURS

**If you have a night guard or retainer, please bring to all your delivery appointments **